



PROTECT YOURSELF RULES



Barbara Sinatra Children's Center
FOUNDATION

WOLF 'PROTECT YOURSELF RULES' ADVENTURE

Complete each of the following:

1. Watch the Protect Yourself video lessons for this adventure.
2. Demonstrate how you would say "No!" to someone who is doing something that makes you feel uncomfortable.
3. Identify five trusted adults, and share this list with your parent or legal guardian.
4. Describe the characteristics of a "safe stranger."