



PROTECT YOURSELF RULES



Barbara Sinatra Children's Center
FOUNDATION

WEBELOS 'PROTECT YOURSELF RULES' ADVENTURE

Complete each of the following:

1. Watch the "Protect Yourself" video lessons for this adventure.
2. Know the six Protect Yourself Rules.
3. Describe what cyberbullying is and identify things you should never tell about yourself to others when online.
4. Describe three ways to get out of a situation with someone who is making you feel unsafe.
5. List five safe adults you could tell if someone has made you feel unsafe.