



Rebecca Bales, “Change from the Inside Out” ACC, CSP



Rebecca is an expert in Organizational Development and a Change Management specialist. She has worked in this field since 1993, has a background in Psychology and Human Dynamics with her graduate work in Organizational Development. Rebecca is an official member of the 2019 Forbes Coaching Council and a contributing author to Forbes magazine, an ACC certified coach through the International Coaching Federation and is a CSP (Certified Professional Speaker) through the National Speakers Association. Her experience as an organizational consultant and executive coach ranges from Fortune 500 companies to privately owned mid-size and public-sector clients.

Rebecca is currently the Global Partner for the United States for Lumina Learning, a worldwide talent development organization headquartered in London with offices in over 44 countries which supports its clients to recruit, develop and retain their top talent. Rebecca’s personal mission is to change the way in which people work together which permeates true culture shifts. The core of this process is to help individuals increase their self-awareness so that they can then recognize and utilize their own unique abilities and the unique ability of others. Once that is achieved at the highest levels in an organization true culture shift occurs which transcends the environment into one of human respect and inclusion.

Rebecca is a published author of *Step up to the Plate*, *The Power of Passion and Determination* which focuses on personal change and transformation. She is a co-author with Drs. Ken Blanchard and Deepak Chopra in *Roadmap to Success*. Rebecca lives in Plano, Texas with her dog Bailey and runs the Lumina office in Dallas where she oversees clients and practitioners across the US.